

# Menu

**Serving fantastic lunches everyday** - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our meat is Red Tractor Farm Assured, our fish is MSC certified and we also use a number of Free Range and Organic products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily.

## Week 1

Week commencing  
11th April, 2nd & 23rd May, 13th June,  
4th & 25th July, 15th August, 5th & 26th September,  
17th October, 7th & 28th November.

	Monday	Tuesday	Wednesday	Thursday	Friday Favourites
<b>Choice 1</b>	Pork or Vegetarian Sausages & Onion Gravy	Crispy Fish Finger Wrap	Roast Beef Yorkshire Pudding & Gravy	Homemade Chicken Curry	Crispy Tempura Fish Goujons
<b>Choice 2</b>	Four Cheese Ravioli & Tomato Sauce (V)		Pasta Arrabbiata (V)	Free Range Omelette with Choice of Filling	Homemade Pizza Margherita (V)
<b>Choice 3</b>	Soft Sandwich Roll with Choice of Filling	French Bread Pizza with Cooks Choice of Topping	Baked Jacket Potato with Choice of Filling	Veggie Meatball Marinara Sub Roll (V)	Summer Picnic Mini Sandwich Rolls & Veggie Sausage Roll
<b>Desserts</b>	Seasonal Fruit Crumble & Ice Cream	Fruit Jelly & Orange Wedges	Vanilla Sprinkle School Cake	Shortbread Biscuit & Melon Wedges	Chocolate Cookie & Milkshake
	Fruit Yoghurt Selection Organic Milk	Fruit Yoghurt Selection Organic Milk	Fruit Yoghurt Selection Organic Milk	Fruit Yoghurt Selection Organic Milk	Fruit Yoghurt Selection Organic Milk

## Week 2

Week Commencing  
18th April, 9th & 30th May, 20th June, 11th July,  
1st & 22nd August, 12th September,  
3rd & 24th October, 14th November.

	Monday	Tuesday	Wednesday	Thursday	Friday Favourites
<b>Choice 1</b>	Vegetarian Brunch (V)	Loaded Chili, Beef & Veggie Tortilla Boat	Roast Chicken Sage & Onion Stuffing & Gravy	Beef Burger in a Bun with Tomato Ketchup	Crispy Battered Fish
<b>Choice 2</b>	Tomato & Mascarpone Pasta (V)	Lancashire Cheese Whirl (V)	Vegetable Korma Curry (V)	Veggie Tomato & Pasta Bake (V)	Homemade Pizza Margherita (V)
<b>Choice 3</b>	Baked Jacket Potato with Choice of Filling	Soft Sandwich Roll with Choice of Filling	French Bread Pizza with Cooks Choice of Topping	Baked Jacket Potato with Choice of Filling	Freshly Baked Vegetarian Sausage Roll (V)
<b>Desserts</b>	Chocolate Brownie & Chocolate Sauce	Fresh Fruit Medley & Vanilla Cream	Fruit Jelly & Melon Wedges	Flapjack	Summer Treat Dessert
	Fruit Yoghurt Selection Organic Milk	Fruit Yoghurt Selection Organic Milk	Fruit Yoghurt Selection Organic Milk	Fruit Yoghurt Selection Organic Milk	Fruit Yoghurt Selection Organic Milk

## Week 3

Week commencing  
25th April, 16th May, 6th & 27th June, 18th July,  
8th & 29th August, 19th September,  
10th & 31st October, 21st November.

	Monday	Tuesday	Wednesday	Thursday	Friday Favourites
<b>Choice 1</b>	BBQ Chicken Flatbread	Meatball Sub Roll with Tomato Sauce	Roast Pork Yorkshire Pudding & Gravy	Chinese Style Chicken Curry	Golden Crumb Omega 3 Fish Fingers
<b>Choice 2</b>	Pasta Neapolitan (V)	Quorn Tikka Masala Curry (V)	Creamy Cheese & Pasta Bake (V)	Vegetarian Sausage in a Bun & Tomato Ketchup (V)	Homemade Pizza Margherita (V)
<b>Choice 3</b>	Crispy Bubble Coated Salmon	Baked Jacket Potato with a Choice of Filling	Soft Sandwich Roll with Choice of Filling	French Bread Pizza with Cooks Choice of Topping	Summer Picnic Mini Sandwich Rolls & Veggie Sausage Roll
<b>Desserts</b>	Oaty Biscuit & Apple Wedges	Sugar dusted Fairy cake	Raspberry Ripple Ice Cream Sponge Roll	Fruit Jelly & Orange Wedges	Chocolate Muffin & Melon Wedges
	Fruit Yoghurt Selection Organic Milk	Fruit Yoghurt Selection Organic Milk	Fruit Yoghurt Selection Organic Milk	Fruit Yoghurt Selection Organic Milk	Fruit Yoghurt Selection Organic Milk

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Change 4 Life campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.