

Get your rainbow colours on and run, walk, cycle or scoot in support of our hospital charity, any day & distance between

Monday 5th and Sunday 25th October!

Whether it be a 1k Rainbow Toddle for families with young children to a full marathon, the distance is completely up to you, so you can set your own personal challenge!

> For more information and to sign up visit: www.lthcharity.org.uk Or call us on: 01772 528500

f y in @LancHospCharity www.lthcharity.org.uk