

Menu

Serving fantastic lunches everyday - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our meat is Red Tractor Farm Assured, our fish is MSC certified and we also use a number of Free Range and Organic products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily.

	Monday	Tuesday	Wednesday	Thursday	Friday Favourites
Choice 1	BBQ Chicken Flat Bread	Pork or Vegetarian Sausages & Onion Gravy	Roast Beef Yorkshire Pudding & Gravy	Homemade Chicken Curry	Golden Crumb Omega 3 Fish Fingers
Choice 2	Homemade Macaroni Cheese Bake (v)	Crispy Coated Salmon Fillet	Homemade Pasta Neapolitan (v)	Puff Pastry Cheese Whirl (v)	Homemade Margherita Pizza (v)
Choice 3	Baked Jacket Potato with a Choice of Filling	Baked Jacket Potato with a Choice of Filling	Cheddar Cheese Panini Melt (v)	Baked Jacket Potato with a Choice of Filling	Baked Jacket Potato with a Choice of Filling
Desserts	Apple & Banana Flapjack	Marble Sponge & Chocolate Sauce	Fruity Jelly & Ice Cream	Jam Slice & Custard	Chocolate Cookie & Milkshake
	Baked Potato Wedges & Sweetcorn	Creamed Potatoes Green Beans & Carrots	Roast Potatoes Seasonal Cabbage & Carrots	Mixed Rice & Naan Bread	Oven Baked Chips or New Potatoes & Garden Peas
	Homemade Garlic Bread & Broccoli Florets	Crispy Paprika Potatoes Green Beans & Carrots	Homemade Garlic Dough Balls	Baby Baked Potatoes & Baked Beans	Oven Baked Chips or New Potatoes & Sweetcorn
	Freshly Prepared Salad Selection	Freshly Prepared Salad Selection	Tortilla Chips & Salad Sticks	Freshly Prepared Salad Selection	Freshly Prepared Salad Selection
	Fruit Yoghurt Fruit Selection Organic Milk	Fruit Yoghurt Fruit Selection Organic Milk	Fruit Yoghurt Fruit Selection Organic Milk	Fruit Yoghurt Fruit Selection Organic Milk	Fruit Yoghurt Fruit Selection Organic Milk

Week 1

	Meat-Free Monday	Tuesday	Wednesday	Thursday	Friday Favourites
Choice 1	Vegetarian Brunch (v)	Homemade Corned Beef Hash Hot Pot	Roast Chicken Stuffing & Gravy	Beef Burger in a Bun with Tomato Ketchup	Crispy Battered Fillet of Fish
Choice 2	Tomato Mascarpone Pasta (v)	Homemade Vegetable Korma Curry (v)	Vegetarian Sausage Roll (v)	Tomato Ketchup	Homemade Margherita Pizza (v)
Choice 3	Baked Jacket Potato with a Choice of Filling	Baked Jacket Potato with a Choice of Filling	Cheddar Cheese & Tuna Panini Melt	Baked Jacket Potato with a Choice of Filling	Baked Jacket Potato with a Choice of Filling
Desserts	Shortbread Biscuit & Melon Wedges	Apple Crunch Tart & Custard	Chocolate Mousse & Mandarins	Vanilla Sponge & Custard	Strawberry Ice Cream Sponge Roll
	Hash Brown & Baked Beans	Seasonal Cabbage & Sliced Beetroot	Baby Baked Potatoes Broccoli Florets & Carrots	Herby Diced Potatoes & Baked Beans	Oven Baked Chips or New Potatoes & Mushy Peas
	Homemade Garlic Dough Balls	Mixed Rice & Naan Bread	Baby Baked Potatoes & Baked Beans	Homemade Crusty Bread & Garden Peas	Oven Baked Chips or New Potatoes & Sweetcorn
	Freshly Prepared Salad Selection	Freshly Prepared Salad Selection	Tortilla Chips & Salad Sticks	Freshly Prepared Salad Selection	Freshly Prepared Salad Selection
	Fruit Yoghurt Fruit Selection Organic Milk	Fruit Yoghurt Fruit Selection Organic Milk	Fruit Yoghurt Fruit Selection Organic Milk	Fruit Yoghurt Fruit Selection Organic Milk	Fruit Yoghurt Fruit Selection Organic Milk

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday Favourites
Choice 1	Pork Meatballs Tomato Sauce & Pasta	Jumbo Fish Finger Wrap	Roast Pork Stuffing & Gravy	Homemade Cottage Pie	Lightly Crumbed Fish Bites
Choice 2	Homemade Cheese Pie (v)	Homemade Baked Bean Chilli Enchilada (v)	Quorn Tikka Masala Curry (v)	Homemade Pasta Arrabiata (v)	Homemade Margherita Pizza (v)
Choice 3	Baked Jacket Potato with a Choice of Filling	Baked Jacket Potato with a Choice of Filling	Cheddar Cheese Panini Melt (v)	Baked Jacket Potato with a Choice of Filling	Baked Jacket Potato with a Choice of Filling
Desserts	Creamy Rice Pudding & Mixed Berries	Syrup Sponge & Custard	Oat & Raisin Cookie	Lancashire Cheese & Crackers with Grapes	Chocolate Brownie & Orange Wedges
	Homemade Garlic Bread & Broccoli Florets	Crispy Paprika Potatoes & Garden Peas	Roast Potatoes Seasonal Cabbage & Carrots	Broccoli Florets & Carrots	Oven Baked Chips or New Potatoes & Garden Peas
	Sliced Beetroot & Broccoli Florets	Crispy Paprika Potatoes & Mixed Salad	Mixed Rice & Naan Bread	Homemade Garlic Dough Balls	Oven Baked Chips or New Potatoes & Sweetcorn
	Freshly Prepared Salad Selection	Freshly Prepared Salad Selection	Tortilla Chips & Salad Sticks	Freshly Prepared Salad Selection	Freshly Prepared Salad Selection
	Fruit Yoghurt Fruit Selection Organic Milk	Fruit Yoghurt Fruit Selection Organic Milk	Fruit Yoghurt Fruit Selection Organic Milk	Fruit Yoghurt Fruit Selection Organic Milk	Fruit Yoghurt Fruit Selection Organic Milk

Week 3

Weekly Menu Cycle
Week 1
Week 2
Week 3

Mon	Tue	Wed	Thur	Fri
21	22	23	24	25
28	29	30	1	2
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22

Mon	Tue	Wed	Thur	Fri
25	26	27	28	29
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27

Mon	Tue	Wed	Thur	Fri
30	31	1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

Mon	Tue	Wed	Thur	Fri
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31	1	2	3	4

Mon	Tue	Wed	Thur	Fri
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31	1	2	3
6	7	8	9	10

Mon	Tue	Wed	Thur	Fri
13	14	15	16	17
20	21	22	23	24
27	28	29	30	1
4	5	6	7	8
11	12	13	14	15

Mon	Tue	Wed	Thur	Fri
18	19	20	21	22
25	26	27	28	29
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19

Mon	Tue	Wed	Thur	Fri
22	23	24	25	26
29	30	1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Change 4 Life campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.